



FROM SURVIVING TO THRIVING

Empowering Nurses in Today's Workplace

Location: University of Missouri Healthcare Center for Education & Development, Columbia, MO

AGENDA – Friday, November 7, 2025

8:30 – 9:00 am	Registration Open Light Breakfast – <i>provided</i>
9:00 am	Preventing Nurse Burnout (1.0 contact hour) <i>Heidi Holtz PhD, RN</i>
10:00 am	Networking Break
10:15 am	Panel Presentation (2.0 contact hours) Workplace Violence: Putting the Pieces Back Together <i>Panelists: Ben Coe, Jill Harper JD, Nick Komoroski, Samuel Shaefer, Alyson Shock, Lindsay Tessmer BSN, RN</i>
12:15 pm	Luncheon – <i>provided</i> Membership Meeting/Awards
1:00 pm	Bringing the Joy Back to Nursing (1.0 contact hour) <i>Sean Pridgeon DNP, RN, CNL, EBP-CH, NE-BC</i>
2:00 pm	Adjourn

DISCLOSURES

- **Successful Completion** – Attendees must participate in all of the educational sessions and complete the online conference evaluation to receive a certificate of completion. The link to the online evaluation will be emailed to participants (to the email address provided at registration) upon conclusion of the activity.
- **Contact Hours** – Participants meeting the successful completion requirements will receive 4.0 contact hours.
VTL Center for Professional Development is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.
- **Relevant Financial Relationships** – No relevant financial relationships were identified for any member of the planning committee or any presenter/author of program content.

Missouri Nurses Association

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